



**DYSTONIA  
MEDICAL  
RESEARCH  
FOUNDATION**

*45 Years of Commitment*

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Dear Mental Healthcare Provider:

Thank you for taking the time to learn about dystonia on behalf of your new patient.

Dystonia is a little known but life altering neurological condition that causes excessive, involuntary muscle contractions. This results in abnormal muscle movements and body postures, and consequently, movements may be painful and may affect any part of the body. Dystonia can affect walking, talking, and with limited treatment options, may leave the patient feeling isolated.

The Dystonia Medical Research Foundation (DMRF) was established more than 45 years ago, working to advance scientific research, provide accurate educational resources and programs, and support those living with this debilitating condition. The DMRF is a highly regarded organization and the QR code printed below will take you to the foundation's site and more resources to help you better understand this disorder. You can also visit [dystonia-foundation.org/living-dystonia/mental-health-pros/](http://dystonia-foundation.org/living-dystonia/mental-health-pros/) for more information.

As a clinical psychologist and a parent of a child with dystonia, I know first-hand the mental health challenges that this disorder brings. The DMRF stands ready to help your understanding of the disease as you work to provide much needed support to your client.

Thank you for your work and support.

Sincerely,

*Karen K. Ross, Ph.D*

Karen K. Ross, PhD  
Vice President of Mental Health Programming

